



Summer Evening Menu

Starters

Soup of the day (v) <i>& Baker Tom's bread</i>	£5
Chicken liver parfait <i>with orange & thyme butter & chargrilled toast</i>	£6
Tian of Cornish crab & lemon mayonnaise <i>with salad and granary bread</i>	£7/£12
Goats cheese & caramelised red onion tart (v) <i>with mixed leaves & wild herbs</i>	£6
Salt & chilli squid <i>with garlic & lemon aioli</i>	£6
Oven roasted cherry tomato, feta & rocket salad (v) <i>with toasted pitta bread</i>	£6/£10
Steamed Westcountry mussels in Cornish Orchard cider, garlic & cream <i>& Baker Tom's bread</i>	½ kilo £7 1 kilo £13

Main Courses

Fire roasted red pepper pesto linguini (v) <i>with rocket & buffalo mozzarella</i>	£9
The Kernow Sausage Company award winning pork sausages <i>with creamed mash potato, buttered greens & caramelized onion gravy.</i>	£9
Homemade chargrilled Aberdeen Angus beef burger <i>with salad, salsa & chips. Crispy dry cured bacon or cornish cheddar 75p extra</i>	£10
Chargrilled breast of chicken Caesar salad <i>with shaved parmesan & croutons</i>	£10
Smugglers fish pie <i>with buttered greens</i>	£12
Beer batter fish & chips <i>with mushy peas & tartare sauce</i>	£12
Slow roast shoulder of Cornish lamb <i>with creamed mash, spinach, leeks & redcurrant gravy</i>	£15
10oz Angus Trotter's sirloin steak <i>with roasted vine tomatoes, chips & dressed leaves. Pepper sauce £3</i>	£18
Surf 'n turf featuring Chapman's fillet of beef with chargrilled king prawns, <i>garlic & herb butter, dressed leaves & chips. Pepper sauce £3.</i>	£22

Side Orders

Baker Tom's rustic bread	£2
Chips, mixed salad or garlic ciabatta	£3
Marinated olives	£3
Pepper sauce	£3
Garlic ciabatta with melted Davidstow cheddar	£4

Traditional Sunday Roasts

Every Sunday lunch from 12 noon until 3pm. Subject to availability. Selection of different roasts from a variety of local butchers & farmers. Booking advisable.

Please check our blackboard for today's fish specials

Desserts

Roskilly's Cornish Ice cream trio	£5
Clotted cream pannacotta <i>with baby scones & fresh strawberries</i>	£6
Sunken chocolate cake <i>with Rodda's clotted cream</i>	£6
Classic treacle tart <i>with Rodda's clotted cream</i>	£6
Cornish cheeseboard <i>with biscuits & chutney</i>	£7

Sunday Info: Prices are inclusive of VAT. Some dishes may contain nuts. Please be sure to inform your server of any allergies.

Our menu was brought to you with the help of the following suppliers:
Locally reared beef and lamb from Angus Trotters butchers and Chapmans butchers. Free range duck and chicken from Merrifield Farm, Crediton, and Celtic Farm, St Ives. Fish supplied by Matthew Stevens & Sons, St Ives. All our fruit & vegetables are supplied by Westcountry Fruit Sales. Our bread is delivered daily by Baker Tom. Free range eggs are supplied by Colin Carter, Perranworthal. Assorted dairy products are supplied by Roskillys, Roddas & Trewithen Farm Dairy. Our tea comes from the Tre-gothnan Estate, Truro. Many other local suppliers, farmers and wholesalers are all used by us here at the Smugglers and can vary on a weekly basis. Please see blackboards for current favourites!

